

BODY WRAP CONSENT FORM

DO'S AND DON'TS TO BEING A SUCCESSFUL BODY WRAP CLIENT!

NAME: _____ TODAY'S DATE: _____

ADDRESS: _____ CITY: _____ ZIP: _____

PHONE #: _____ E-MAIL: _____

ARE YOU UNDER DOCTOR'S CARE? _____ IF SO, FOR WHAT? _____

ARE YOU TAKING ANY MEDICATIONS, IF SO, PLEASE LIST. _____

The M'lis Professional Contour Body Wrap promotes detoxification and improves overall health. **Please read the following carefully prior to receiving a M'lis Contour Body Wrap:**

- DO start taking **M'lis Cell-U-Rid** capsules at least one week prior to starting a wrap series to receive optimum results.
- DO drink a minimum of ½ your body's weight in ounces of water each day at least 1 week prior to receiving first body wrap. Continue this habit forever!
- DO ensure that you are walking/exercising at least 3x a week 2- 3 weeks prior to wrap.
- DO ensure that you practice a healthy lifestyle of exercise and proper diet to maintain the inches lost. Avoid processed foods, red meat, caffeine, white sugar and white flour.
- DO use the **M'lis Maintain Anti-Cellulite** lotion each day after a bath or shower to enhance results.
- DO ensure that you perform enzymatic exfoliation at home at least 3x per week using the **M'lis Body Buff**.
- DO consider completing an internal **M'lis Detoxification Program** to enhance cellulite reduction and inch loss. Ask your technician for more information.
- **DO NOT allow yourself to be wrapped if you: are pregnant, or nursing, have had cancer in the past 2 years, have a heart condition (specifically conditions requiring Coumadin), or have epilepsy.**
- DO NOT use any tanning creams, B vitamins or niacin containing products at least 2 days prior to your wrap.
- DO NOT use any moisturizing lotions or creams the day of your wrap.
- DO NOT eat or drink anything for 1-2 hours before your wrap to ensure you will not need to use the restroom.
- DO NOT shave the day of your wrap – so that the cream will not be irritating on your skin.
- DO NOT shower for 8 – 10 hours after receiving your M'lis Contour Body Wrap as the niacin cream continues to contour.

The M'lis Body Wrap provides cellulite reduction and a minimum of 4-14 inches of immediate inch loss – this is not a water loss! During the wrap, the skin will most likely appear pink or red and will feel warm and tingly. This is normal. This is the skin's natural response to niacin and is a sign of increased circulation. If a reaction such as a rash or hives occurs during or after a treatment you may be experiencing a building up of niacin from other niacin containing products. If this happens, it is recommended that you complete an internal detoxification program prior to receiving another wrap. If a more intense or unusual reaction occurs, please contact your body wrap professional for more information.

- 1) I hereby acknowledge that the products and services were explained to me in full and I understand the Do's and Don'ts of the M'lis Contour Wrap. I understand that I may or may not have a reaction to one or more of the ingredients in the M'lis Contour Cream which may or may not result in a hive type rash.
- 2) If under a doctor's care and I use this information, products and/or services without my doctor's approval, I am assuming full responsibility and hereby fully and forever release The M'lis Company and Claudia's Body & Skin Care Center Corp. from any or all liability.
- 3) I am of lawful age and have read and fully understand the contents of this document and the complete terms and conditions herein. This agreement contains the complete agreement between the parties and no other guarantees or refunds will be given on products or services.
- 4) **I understand that no results can be "guaranteed" by this Body Treatment. I also understand that any results I do have from this treatment can and may be determined by my diet, water consumption, lifestyle and follow up treatments.**

Signature: X _____ Date: _____